



Friday 19 April 2024
Volume 28 Number 15
FREE COPY

PLEXUS SUPPLIERS LADYBRAND CELEBRATES 20 YEARS

Correspondent

Congratulations to Plexus Suppliers on their 20th Anniversary!

Lionel and Carol Fook are the proud, and well known, owners of this business.

They will always go the extra mile for their customers and be of assistance wherever and whenever they can.

Adding the installation of Solar Systems – Herholdt's master Installers – to their already busy schedule, Plexus has made their mark in the community and sur-

rounding area with their excellent human relations, honesty, dedicated quality service and products.

Lionel and Carol appreciated the support that they get from their patrons and thank their staff for the loyalty shown to Plexus.

Wishing Plexus Suppliers Ladybrand success in the year to come.







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GRANDPARENTS TEA AT LILLIPUT PRE-PRIMARY

Correspondent

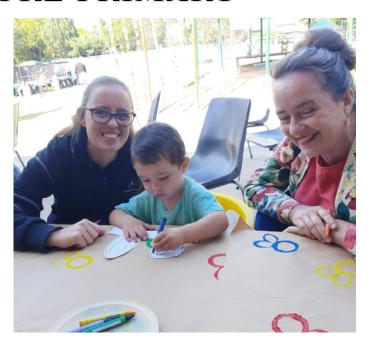
The term started with one of our favorite yearly activities - having tea with Grandma and Grandpa. This year, we decided to combine our Easter egg hunt with our Grandparents' tea.

Our little ones had the opportunity to decorate Easter bunny ears with the help of their favorite grownups and go on a hunt for hidden eggs on our beautiful playground.

We celebrated the true

reason behind Easter with a visit from Pastor Lebohang. He represented CRC Church and came to tell us all about the first Easter. We are so thankful that our community supports us and often comes to visit our school!

Our grandparents really enjoyed the snacks provided by our wonderful staff and spent the entire day playing with their grandchildren. We set out different activities to do and had a wonderful day!



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Editorial

Editor

Riaan Jonker riaan@maluti.biz

News Desk

news@maluti.biz Whatsapp: 073 526 2645

Advertisements

adverts@maluti.biz

Offices

32 Erasmus Str, Ladybrand 9745 Tel: 051 924 5396/7 Office: 082 822 0343

Letters

Letters may be edited for clarity and style. We cannot supply reasons for non-publication. Shorter letters are preferred.



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> 8 MAY 2024 13:00 - 19:00



SERVICES



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Start your weekend entertainment here!

Community Calendar

Ladybrand Business League

Ladybrand Golf Club 20 Apr 2024 @ 11am

Pasio Netball Clinic

Ladybrand High School 23 Apr 2024 from 2pm

NG Moeder Gholfdag

Ladybrand Golf Club 4 May 2024 @ 8am

Fun Run / Walk

Metis Primary / Pasio 18 May 2024 @ 6am

Ladybrand Business League

Ladybrand Golf Club 25 May 2024 @ 11am

Fun Run / Walk

Metis Primary / Pasio 15 June 2024 @ 6am

D2 Dance Studio

Mystery at My Housy 13 July 2024 @ 5pm

Send your events to adverts@maluti.biz

BEEF SHIN STEW

Ingredients:

2 tablespoons SPAR olive oil 2kg SPAR Select beef shin. cut into large pieces 1 SPAR Freshline onion, peeled and chopped 3 SPAR Freshline carrots, peeled and chopped 3 SPAR Freshline celery stalks, chopped 4 cloves SPAR Freshline garlic, minced 2 tablespoons SPAR cake flour

paste 2 cans SPAR (400g each) chopped tomatoes

2 tablespoons SPAR tomato

1 cup red wine 2 cups SPAR beef stock 2 sprigs SPAR Freshline rosemarv 2 bay leaves 500g SPAR Freshline diced sweet potato pack or 500g diced potato 200g SPAR Freshline carrots, peeled and cut into large chunks Salt and pepper, to taste

Method:

Preheat your oven to 150°C. In a large, oven-safe pot, heat the olive oil over medium heat. Add the beef shin pieces and cook until browned on all sides, about 5 minutes. Remove the beef from the pot and set aside. Add the chopped onion, carrots, and celery to the pot and cook for 5-7 minutes until softened. Add the minced garlic to the pot and cook for an additional minute until fragrant. Sprinkle the flour over the vegetables and stir to combine. Add the tomato paste, canned chopped tomatoes, red wine, and beef stock to the pot, stirring to combine. Add the browned beef back to the pot and stir to coat with the sauce. Add the fresh rosemary and bay leaves to the pot. Bring the mixture to a simmer,

then cover the pot with a lid and transfer it to the preheated oven. Cook the stew in the oven for 2 hours, then add the diced sweet potato/potato and carrot chunks, then cook for a further hour (approximately 3 hours in total) until the beef and vegetables are tender and the sauce has thickened. Remove the pot from the oven and let it cool for a few minutes. Skim off any excess fat from the surface of the stew. Season the stew with salt and pepper to taste. Serve hot, garnished with fresh rosemary if desired.

Weekend Weather

Friday April 19



Beautiful with sunshine

25° Lo 6°

Saturday April 20



Warm with plenty of sun

27° Lo 8°

Sunday April 21



Sunny to partly cloudy

28° Lo 7°



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SUZUKI NUWE BORG VIR LHS O/15 RUGBY

Correspondent

Ronald Doyle, sporthoof van Ladybrand Hoërskool, het die nuwe truie ontvang vanaf Mr. Alastair Du Plessis, die handerlaarshoof van Suzuki Ladybrand.

Die onder 15 rugby span van Ladybrand Hoërskool wil graag dankie sê aan Suzuki vir die borg van die nuwe stel rugby truie vir die 2024 seisoen.

Op Vrydag, 12 April 2024, het die span hul eerste ligawedstyd in hul nuwe truie teen Ficksburg met 26-12 gewen.





14 A Joubert Street • P.O. Box 448 • Ladybrand • 9745 051 924 0377 • Margaret 083 2704199 • Anita 0826611146 Email: jam@xsinet.co.za

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